



# BLUE STAR BASKETBALL ALL AMERICAN CAMP



## FRIDAY – AUGUST 9 2019

3:00 – 10:00 Travel Day into Chicagoland Area – Register/Check In at Hotel

## SATURDAY – AUGUST 10 2019

8:00 Breakfast at hotel property (Blue Star will provide)

9:00 Depart for Gym

9:30 Arrive at M14 Complex

9:45 Staff introductions

10:00 Camp Stretch

10:15 Water & Break Into Groups

10:20 M14 Staff Workout – Session I

12:00 1 on 1 play w/in groups (3 dribble max – winner stays) 20 min – Top 2 from each basket  
Split amongst 6-8 baskets by height – so x groups

12:30 Lunch Break (Blue Star will provide & have delivered to facility)

2:15 Attendance

2:30 M14 Staff Workout – Session II

3:30 Water Break

3:35 3 v 3 play – break down group into # teams – use # baskets  
(no more than 4 on team) – rotate winners to play every 10 min.

4:10 Shooting / Free Throws

4:45 Leave for Dinner (Campers will purchase on their own – will be taken to outlet mall eating  
area – will be placed in groups – have multiple selections to choose from)

6:15 Return to Facility / Attendance

6:30 Game 1 – Man / Man Play

7:00 Game 2 – Man / Man Play

7:30 Shooting competition - CM

8:00 Leave to head back to Hotel / Lights out – 10:30pm



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**SUNDAY – AUGUST 11 2019**

- 7:00 Breakfast at hotel property (Blue Star will provide)
- 8:00 Depart for Gym
- 8:30 Group Stretch - Full Court – Olympic Drill for warmup
- 8:45 3 v 3 play – break down group into # teams – use # baskets  
(no more than 4 on team) – rotate winners to play every 10 min.
- 10:00 Drink Break
- 10:15 Game 1 - (25min run time) Blue/White/Green vs. Red/Gold/Black (Man-Man Play)
- 10:45 Break
- 10:50 Game 2 - (25min run time) Blue/White/Green vs. Red/Gold/Black (2-3 Zone Play)
- 11:20 Break
- 11:25 Game 3 - (25min run time) Blue/White/Green vs. Red/Gold/Black (Post Touch Play)
- 11:55 Break
- 12:00 Game 4 – (25min run time) Blue/White/Green vs. Red/Gold/Black (Man-Man Play)
- 12:30 Mennig/Evaluator – closing remarks to campers/parents
- 1:00 Camp Ends (Lunch will be provided on way out the building (Pizza))
- 1:15 Bus will take those needing to get to the airport for flights

**Facility:** M14 Hoops – 2414 Church Rd – Aurora, IL 60505

**Hotel:** Marriott Naperville – 1801 North Naper Blvd, Naperville, IL 60563

**Camp Director/Evaluator:** Chris Mennig (USJN/Blue Star) – 309-530-2220

**Asst Director/Hotel Chaperone:** Devin Kyler (USJN/Blue Star) – 217-202-2041

**BlueStar**  
BASKETBALL

For over 30 years Blue Star has been one of the most influential organizations in selecting and advising such publications rankings and listings as found in The Sporting News, USA Today, Naismith Trophy & All-America Committees, Gatorade Circle of Champions, and McDonalds All American Team (6 committee members) just to name a few. These rankings and evaluations are part of our national Blue Star Report available to media & colleges across the country – which is the longest running girls' basketball service in the country.